# Machine Learning: An Effective Technique for Health Data Classification

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*Abstract*- Health is precious for every life. But there are many diseases which fall under the category of dangerous or critical due to it mortality rate. Such diseases can be cured or at least prevented if they are identified in their earlier stages. For the proper diagnosis of these diseases, data mining techniques using machine learning methods- k-NN, Naïve Base, Decision trees, Support Vector Machine plays very significant role. In this paper the focus was on finding techniques applied for the common disease classifications, the accuracy of methods reported, dataset used and pros and cons of these methods and concluded with the open challenges and opportunities for further research in health care sector.

Keywords-Machine Learning, Data, classification

#### I. INTRODUCTION

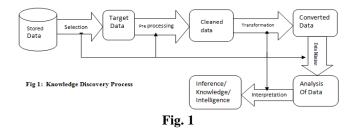
"Health is wealth" this quotation indicates how health is important for a person in his life. But large number of population is suffering from various kinds of health problems. For treatment, patients have to visit healthcare centres, where diagnosis of disease and suitable treatments are prescribed. For effective treatment perfect diagnosis and best treatment is required and this still needs to improve. Nowadays, healthcare devices are used to record, report and monitor patient's health status data. These devices contain lots of healthcare information about patient's health condition, disease characteristics and medical test reports. Healthcare Information is in different sizes and shapes. Main sources of medical data are healthcare equipments, telemetry healthcare systems, E-healthcare, manual prescriptions, Biosensors, Physiological tests, Wearable devices etc. These different sources make the data not only heterogeneous, complex, but sometime produced data are insufficient for proper decision, incomplete and have missing values, as a result it becomes difficult to comprehensively interpret disease analysis [1]. For example for better diagnosis of a patient's disease, health status of the patients, and other health related information like history of patient. his/her food habit, living style, surrounded environment, and its treatment records make significance value. For such deep analysis, healthcare experts require effective and efficient tool. From last few decades data mining and machine learning are being considered as a powerful tool for Data mining diagnosis diseases. techniques like classification, prediction, regression, clustering, anomaly detection etc. are widely used in the area of healthcare. The classification applied on healthcare datasets provides automated diagnosis system, but high featured datasets analysis is currently required.

In this paper we have focused on the various popular classification techniques which are being used for the healthcare related researches for disease diagnosis or predictions. We have mentioned about classification techniques K-Nearest neighbour (K-NN), Naïve Bays (NB), Decision Trees (DT), Support Vector Machine (SVM) and evolutionary technique Artificial Neural Network (ANN) so that the researchers can concentrate on a single method with best accuracy for effective classification.

#### **II. RELATED WORK**

## A. DATA MINING TECHNIQUES

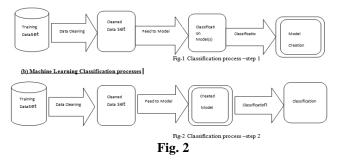
Data mining is the way to gain knowledge from noisy, inconsistent and incomplete raw data [2]. Data mining are used for two purposes (a) for the prediction (b) for the descriptive analysis. Analyzing and extracting useful information from the large medical datasets, data mining techniques are well suited techniques. Various techniques namely association, classification, prediction, sequential patterns, decision trees, K-Nearest Neighbour, Decision tree, Support Vector Machine (SVM), Neural Network (NN), Bayesian Methods [3] data mining techniques are used for pattern extraction for the purpose of disease diagnosis, monitoring and patient related monitoring [4] Data mining have five major steps i.e. (a) Data selection, (b) Preprocessing of data (c) Transformation (d) Interpretation and (e)Evaluation [5] as shown in Fig -1.



## **B. CLASSIFICATION**

Classification process selects each unlabeled instance from a test dataset and categorizes it in proper class using a classification model such that classification error decreases [6]. The machine learning methods used for these purpose, has two basic steps as shown in Fig. 2 (step 1) Building classification model on the basis of training dataset Fig (step 2) and using built model for new and test dataset for the proper classification of each instance. Continuous respond attribute for a dataset are used for prediction whereas categorical or discrete respond attribute are known as classification process. Data mining and machine learning techniques are dependent on classification type supervised and unsupervised learning [7]. In this paper we have considered both as classification technique.

(a) Machine Learning Classification processes



Classification techniques are very appropriate and fit for the health and medical domain and for disease diagnosis/predictions of large dataset [5]. Classification techniques provides model which helps to classify categorical class data for a particular data set [8][2].

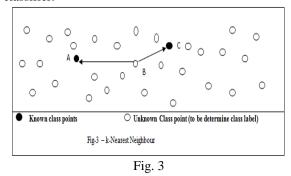
In the research work reported, each sample of classifier has been assigned weights dynamically according to desired parameters [9]. And they developed a model based on dynamic weighted voting system to use multi-classifier and for improvement in its local and global accuracy to detect type II diabetes. Two datasets were used for experimental purpose i.e. Indonesia patient (IP) and Pima Indians Diabetes dataset.

In the paper published recently, authors reviewed the machine learning(ML) techniques for disease diagnostic and provided the comparative analysis of different ML for the diagnosis of different diseases like heart, liver, dengue and hepatitis disease. They found ML techniques a worthy approach for making classy and automatic algorithms. This

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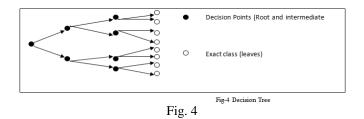
paper discussed ML tools and provide support for analysis of disease and decision making process accordingly. This review also shows that statistical models are unsuccessful to hold categorical data, deal with missing values and larger data points[10].

 k-Nearest Neighbour: In the K-nearest neighbour technique, unknown training points are taken and nearest distance (weights) from known sample points are found [6].This distance are calculated by finding Euclidean or Hamming or Manhattan distance. Minimum (Nearest) distance gives the class on which this unknown point belongs. Researchers made a hybrid model having K-NN with GA for prediction of the heart disease complications for the Diabetes –II class patients [11] and its result confirms that proposed hybrid machine learning knowledge model improves accuracy of kNN as better classifier.



2) Decision Tree: Traversing in decision tree starts from the root node (starting node) and reach to one predetermined leaf node (decision node). During flow from root node to leaf node various intermediate selection on the basis of Yes/No are made. It looks like "nested if-than-else" construct of flow charts. The research work proposed an algorithm which can classify disease over distributed medical datasets. Proposed algorithm enhances traditional decision tree. The advantage of this work was it requires only fraction of the attributes as input instead of all statics of the attributes for the classifier. It reduces the communication overheads and network bandwidth requirement for taking decision [12].

In another experimental work, they have implemented Decision Tree on the filtered and selected DNA dataset by t-GA for the diagnosis of cancer disease. They also found high accuracy of 77.31% [13]. Researchers applied various techniques, Decision Tree, SVM and MLP for the prediction of Chronic Hepatitis on the Single Nucleotide Polymorphism (SNP). In the result decision tree has classified with maximum accuracy of 73.20 % [14]. Authors found that the Classification method Decision tree and naïve bays gave 79.01% accuracy but performance of SVM decreased when PCA was used [15].



- 3) Support Vector Machine (SVM): SVM has two basic properties, (a) to make maximum distance of hyper planes between support vectors of different classes and (b)to separate data into positive and negative class more accurately [16][17]. Also this method is computationally costly on large data set and very difficult to identify the major hyper plane from transformed high dimensional space [18][19]. In the research, a modified Adaptive SVM Model was developed by changing standard SVM bias weights into adaptive SVM structure [20]. The performance reported 100% accuracy for Diabetes and Breast Cancer.
- 4) Neural Network (a) Multilayer Perceptron: ANN is a prearranged interconnection of nodes in the form of input, output and hidden layers to imitate human brain. Authors compared in their research various classification techniques Decision Tree, MLP, Naïve Bayes, SMO and instant based for K-NN (IK-NN) on various datasets and found that MLP and J48 hybrid model with PCA performed best among others [7]. (b) BPNN: The output values of ANN (errors) are propagated back to its previous hidden layers to readjust the weight and neuron values are updated accordingly.

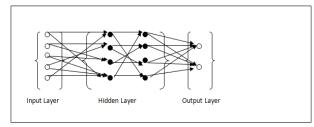


Fig-5 Artificial Neural Network

Fig. 5

Sequential Multilayered perceptron (SMPC) with Back Propagation Neural Network (BPNN) for the prediction of Diabetes on the time associated risk features, researchers found this ANN model performing best as compared to baseline NN and regression methods with respect of gain and sensitivity[21]. In another work [22] BPNN used for classification of Heart Disease among eight different types and their experiment showed accuracy of 98.37%. A hybrid model of ANN and Fuzzy NN (FNN) for accurate classification of Diabetes on different databases was also used [23]. Authors concluded that hybrid model have accuracy of 84.24% for diabetes and 86.8% for heart disease. A research was carried using SVM, Extreme Learning Machine [25] (ELM), BPNN, were applied for the classification of Arrhythmia (Heart beats). In experimental results, authors [24] found ELM performed best among these and also addressed the slow learning speed of ANN and its unstable performance caused by local minima. In a research work, two types of ANN i.e. MLP and Radial Bases Function (RBF) for the classification between healthy people and people having Parkinson's disease [26]. In these experimental results they have got classification accuracy of 94.72%. A research paper concluded that performance of neural classifiers are strongly depends on domain specific and architecture of neural classifier also affects the accuracy of results [27].

5) Bayesian Methods: The Bayesian regression method shows whether given object is similar or not, among the set of predefined classes. Bayesian method is powerful for binary and multiclass and need to exploit more at full extent [28][29]. The main advantage of this network is that it requires less pre-existing knowledge of variable dependencies [30]. A investigation on different classification algorithms such as Decision Tree, Naïve Bays, K-NN and ANN on the Heart disease dataset and found that Naïve Bays with feature selection CFS method gave best results compared to other techniques with highest accuracy 83.70% [31],.

Table 1 : Summary of accuracy as reported by authors				
Authors	Classification Method Description	Disease	Accuracy	
[32]	Principal component analysis (PCA) and adaptive neuro-fuzzy inference system (ANFIS).	Diabetes	89.47%	
[33]	Feature selection with ranking supervised model construction (FSSMC), with optimisation of ReliefF, Naive Bayes, IB1 and C4.5 methods	Diabetes-II	95%	
[34]	Stand-Alone Neural n Network classifier Model	Erythemato-squamous diseases	97.8%	
		Lung cancer	99.99%	
		.Lymphography, entropy	86.2%	
		minimization		

		.Diabetes error rate reduced	From 33% to 24%
[35]	Fuzzy k-NN, and the adaptive network based model	Wisconsin Breast Cancer	97.17%
		Diabetes dataset	77.65%
[36]	Generalized Discriminate Analysis (GDA) and Least Square Support Vector Machine	LS-SVM( Diabetes)	78.21%
	(LS-SVM) with 10 fold	GDA–LS-SVM (Diabetes)	82.05%
[23]	Hybrid artificial neural network (ANN) and fuzzy neural network (FNN)	Diabetes	84.24%
		Heart dieses	86.8%
[37]	Classification and regression tree (CART) and case-based reasoning (CBR) techniques	Liver disease	92.94%
[38]	Input partitioning mechanism, generated hierarchical fuzzy rule, multiple consequent fuzzy rules	Breast Cancer	96.08%
		Diabetes	92.26%
		Liver	89.9%
[39]	Simple K-Means Clustering Algorithm and C4.5 algorithm	Diabetes type II	92.38%.
[40]	New feature selection method based on fuzzy entropy measures	Diabetes	75.29%
		Parkinson's	85.03%
		Dermatology	98.28%
		Breast cancer	97.49%
[41]	Rotation Forest (RF) ensemble classifiers of 30 machine learning algorithms	Diabetes	74.47%
[ ]		Heart	80.49%
		Parkinson's	87.13%
[42]	Ant Colony Optimization (ACO) with fuzzy classification	Diabetes	84.24%
[29]	Hybrid approach (pair wise comparison, Bayesian regression and the <i>k</i> -NN)	Breast cancer	97.74%
[43]	SVM	Physicochemical properties (ROC score)	0.93462
[44]	Artificial Bee Colony	Diabetes	84.21%
[20]	Modified SVM (SVM with adaptive)	Diabetes and Breast cancer	100%
[45]	Hybrid Model : Particle Swarm Optimization for	Diabetes Type II	92%,
[15]	classification with10-fold cross-validation	diabetes	<i>J21</i> 0,
[46]	Modified K means & SVM	Heart	97.87 %,
[ ]		Diabetes	96.71 %
[47]	Hybrid model(Modified k-NN and Developed BPNN)	Medical data	77.40
[ • • ]		(heart diseases, breast	
		cancer diabetes)	
[48]	Hybrid prediction model(using K-means clustering with Multilayer Perceptron)	Diabetes	99.82%
		Hepatitis	99.08%
		Breast Cancer	99.39%,
[49]	Hybrid Model using fuzzy ART MAP (FAM) neural network and the	Breast Cancer	98.86%
[+>]	classification and regression tree (CART)	Diabetes	87.64%
		Hepatitis	96.87%
		Parkinson	91.45%
		Heart disease	100%
		Heart (fisease	

	Fable 2: Data mining techniques applied on major disease
Disease	Technique
Diabetics	Hybrid Adaptive Neuro-fuzzy inference system, NatveBayes, IB1 and C4.5, fuzzy k-NN, ANN, Generalized Discriminate Analysis (GDA) and Least Square SVM (LS-SVM), Ant Colony Optimization (ACO) with fuzzy, Hybrid ANN and fuzzy neural network (FNN), Hierarchical fuzzy rule, K-Means Clustering + C4.5 algorithm, Fuzzy entropy Measures, Rotation Forest (RF), Artificial Bee Colony(ABC), SVM with adaptive algorithm, Particle Swarm Optimization, Modified K means & SVM, Hybrid K-means clustering with Multilayer Perceptron, fuzzy ART MAP (FAM) NN and the classification and regression tree (CART)
Heart Diseases	Hybrid ANN and fuzzy NN, Rotation Forest (RF), Modified K means & SVM, Modified k-NN and BPNN, Fuzzy ART MAP (FAM) NN and classification and regression tree (CART)
Parkinson's Diseases	Fuzzy entropy measures, Rotation Forest (RF), Fuzzy ART MAP (FAM) NN and classification and regression tree (CART)
Liver Diseases	Classification and regression tree (CART) and case-based reasoning (CBR) techniques, generated hierarchical fuzzy rule, Fuzzy ART MAP (FAM) NN and CART
Breast Cancer	Fuzzy entropy measures, Hybrid Bayesian regression and <i>k</i> -NN, SVM with adaptive, Modified k-NN and BPNN, Hybrid K-means clustering MLP, Fuzzy ART MAP (FAM) NN and classification and regression tree (CART)
Dermatology	Fuzzy Entropy Measures
Hepatitis	Hybrid K-means clustering MLP, Fuzzy ART MAP (FAM) NN and classification and regression tree (CART)
Lung Cancer	ANN

## III. CONCLUSION AND FUTURE SCOPE

In this review, we observed that the traditional stastical methods are not suffcient for the disease classissification therfore machine learning techniches are used which provides better accuracy and can handle large amount of categorical and numerical data. Every classification methods have their own capabilities and limitation (Table 3) but model accuracy can be improved by amalgamation of one classification method with other and also using SVM, Ant colony optimization, Fuzzy techniques etc. In the healthcare sector, researchers are working on diabetes, heart diseases, liver, HIV, Parkinson's, Breast Cancers, Hepatitis, ECG analysis etc. so they can be broadly divided in two basic categories of researches i.e. (a) Domain specific (b) Data Specific. In the ANN classifier the domain data based architecture increase the accurecy of classifier. It is also observed that new techniques like deep learning which are based on filter layer, are very prominent for the large dataset and large attributes. This technique is already applied in the Medical image processing. Bagging and boosting techniques also improves the accuracy level. The best part of these techniques is that it offers enough flexibility for the research.

Scientist have to built more effective classifier because many new diseases, (like Ebola), Dengu are affecting a large population in short time span. Also some diseases are mutating themselves so their timely detection is also a challenge for future research work

Data mining Technique	Pros	Cons
(a)KNearest Neighbour	1. Fast training. 2. Simple in use 3. Useful when dataset is in few hundreds	1.Less accurate formissing data orredundan data 2.Normalized dataset required
(b)Decision tree	1. Very Simple to understand, popular 2. No complex calculations 3. No specific health care knowledge requires <u>4. Minimum</u> calculation. 5. Applicable on categorical and numeric data types.	1 Highly structured 2 High Memory requirement 3 High degree of tree length for variety of numeric data 4 Lots of decision points
(c)Support Vector Machine	1 Maximize the classification Margin     2. Minimizes the error     3. More accurate for nonlinear classification	1. It requires Q(N <sup>2</sup> ) training set .     2. Difficult to identify major hyper plane among many     3. Difficult to draw hyper plane for nonlinear data and requires a function
(d)Neural Network	1. Variety of NN models available     2. No complex calculation     3. Flexibility in architecture     4. Bias variable and BPN are helpful to readjust     weights	High degree of links and neurons     High number of iteration     Gives optimal result if all iterations are not     performed
(e)Bayesian Methods	No pre-existing knowledge is required.     Provides high accuracy.     Depends extensively on probability theory.     Useful for determining class of unknown     component	1. Prior and dependent attributes are not considered     2. Checks the object similarity/dissimilarity only     3. Not provides much accuracy on the dependent attributes.

Table - 3 : Pros and Cons as reported by different Authors in their research work

In the end we can conclude that for researchers working in health care sector there are immense opportunities and at the same time they may face many challenges. Major challenges are - enhancement of the classifiers to solve its tradeoffs, less with computational and memory requirement the performance parameters like accuracy, specificity, ROC curve, unstructured and heterogeneous health records, health information privacy and legal complication, insufficient and redundant data and unavailability of updated datasets. Data sets are available in the various open and closed data repository which gives opportunity to test proposed model. Apart from the entire challenges healthcare is ever flourishing sector which increases proportionately to the increase in population and so there is always wide room for further research.

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